

## Adjusting the Front Suspension

### Spring Preload

**CRF1100A/D**

You can adjust the spring preload by the adjuster to suit the load or the road surface. Turn the adjuster using a suitable box end wrench.

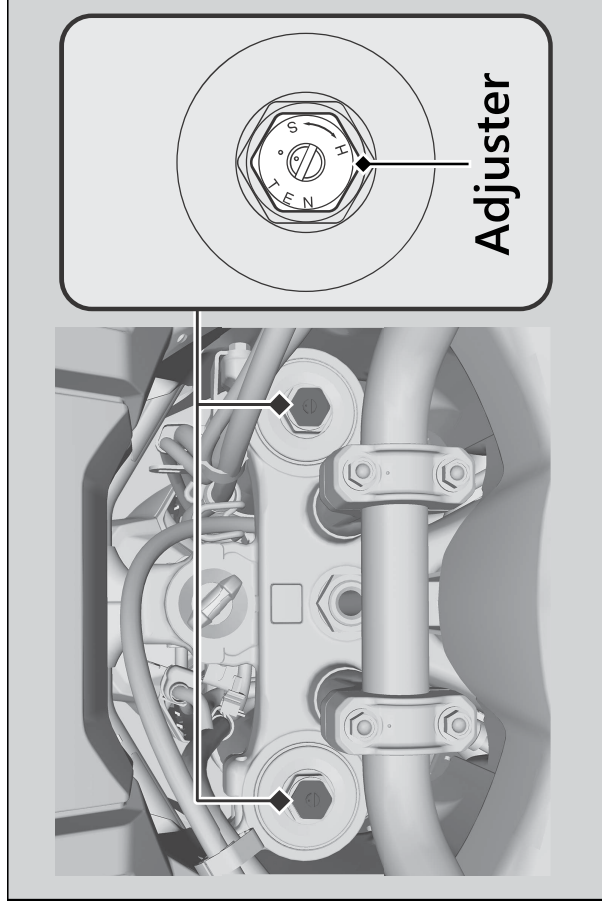
The spring preload adjuster has 15 turns. Turn clockwise to increase spring preload (hard), or turn counterclockwise to decrease spring preload (soft).

**CRF1100A**

The standard position is the 2 turns from the full soft position.

**CRF1100D**

The standard position is the 5 turns from the full soft position.



#### NOTICE

Do not turn the adjuster beyond its limits. Adjust both left and right forks to the same spring preload.